ARTISTIC AND CONCEPTUAL FEATURES OF ENGLISH CONFESSIONAL-PHILOSOPHICAL NOVELS IN THE PERIOD OF 1980–2000

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Annotation. This thesis examines the artistic and conceptual characteristics of English confessional-philosophical novels published between 1980 and 2000. The study focuses on how human psychology, internal experiences, existential issues, and postmodern ideas are artistically represented in the novels of this era. Additionally, the research provides a scientific basis for the significance of internal monologue and philosophical concepts within the poetics of these literary works.

Keywords: English literature, confessional novel, philosophical novel, postmodernism, psychologism, internal monologue, artistic concept, novel poetics, English fiction.

Introduction

In the final decades of the twentieth century, English literature witnessed the significant rise of confessional-philosophical novels that emphasized the analysis of human consciousness, emotional experiences, and philosophical thought. The novels produced from 1980 to 2000 prominently incorporated postmodernist and psychological realist features. Writers of this era mainly concentrated on portraying the inner identity of individuals, their moral and spiritual struggles, as well as the tension between personal identity and social reality.

The significance of this research is determined by the ability of English confessional-philosophical novels to reflect both the evolution of literary thought and the spiritual and ethical issues faced by contemporary people. The thesis examines the artistic and conceptual characteristics of English novels created during the period of 1980–2000 and explores their philosophical and aesthetic nature.

The primary purpose of this research is to provide a scholarly analysis of the artistic and conceptual aspects of English confessional-philosophical novels written during the years 1980–2000.

The main objectives of the study include identifying the theoretical foundations of the confessional-philosophical novel genre, analyzing the major artistic characteristics of English novels of this period, examining the role of

character psychology and internal monologue, demonstrating the artistic expression of philosophical ideas, and determining the influence of postmodernist style on the poetics of the novel.

Research conducted on English confessional-philosophical novels has widely explored the relationship between the individual and society, existential views, and the problems of postmodern thinking. In particular, the works of writers such as Ian McEwan, Julian Barnes, and Martin Amis have become central subjects of literary scholarship.

According to literary scholars, themes such as psychological fragmentation, loneliness, and the search for the meaning of life occupy a significant place in the novels of this period. At the same time, it can be observed that the interrelation between confessionalism and philosophical thought has not been sufficiently studied in literary research.

Research Methodology

This study employed comparative-typological, psychological, and conceptual analysis analysis methods. During the research process, English novels written between 1980 and 2000 were examined on the basis of scholarly sources.

Internal monologue and confessional narration are identified as primary artistic techniques in English confessional-philosophical novels from the specified era. Authors focused on depicting the emotional states and psychological conditions of their characters. Through the use of internal monologue, writers aimed to explore the complex and profound aspects of human consciousness.

Conclusion

In conclusion, English confessional-philosophical novels produced between 1980 and 2000 represent a notable literary advancement, artistically conveying spiritual and philosophical contemplation. These works integrate confessional narrative, psychological examination, and postmodernist aesthetics, thereby establishing novel artistic and aesthetic standards.

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